



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Winkler, Jens

Club: Pumpälzverein
Number: 358

Course: 13.20 km
Berglauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 52:45

Speed: 14.79 km/h
Running performance: 4:00 min/km

Rank in course/Total: 3 (of 85)

Rank in course/Men: 3 (of 71)

Best time in course: 49:57

Rank in category: 1(of 12)

Best time in the category: 52:45