



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Seckel, Toni

Club: Topdev Aktiv
Number: 378

Course: 13.20 km
Berglauf lang

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:04

Speed: 14.43 km/h
Running performance: 4:06 min/km

Rank in course/Total: 6 (of 85)

Rank in course/Men: 6 (of 71)

Best time in course: 49:57

Rank in category: 3(of 6)

Best time in the category: 49:57