



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

-, Hans-Jörg

Club: SV Wartburgstadt
Number: 340

Course: 13.20 km
Berglauf lang

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:56

Speed: 13.95 km/h
Running performance: 4:14 min/km

Rank in course/Total: 8 (of 85)

Rank in course/Men: 8 (of 71)

Best time in course: 49:57

Rank in category: 1(of 8)

Best time in the category: 55:56