



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Ernst, Marcel

Club: Sonntagsläufer
Number: 364

Course: 13.20 km
Berglauf lang

Category:
Männer (20-29 Jahre)

Total time: 1:00:30

Speed: 12.89 km/h
Running performance: 4:35 min/km

Rank in course/Total: 15 (of 85)
Rank in course/Men: 14 (of 71)
Best time in course: 49:57

Rank in category: 1(of 7)
Best time in the category: 1:00:30