



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Kelbert, Carsten

Club: Gotha  
Number: 319

Course: 13.20 km  
Berglauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:04:25

Speed: 12.29 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 28 (of 85)

Rank in course/Men: 27 (of 71)

Best time in course: 49:57

Rank in category: 5(of 12)

Best time in the category: 52:45