



37. Alteburglauf  
Arnstadt / 30.04.2015

## Detailed evaluation

Güensch, Stefanie

Number: 287

Course: 3.50 km

Jugend- und Jedermannlauf

Category:

Jederfrau

Total time: 20:16

Speed: 8.88 km/h

Running performance: 5:47 min/km

Rank in course/Total: 34 (of 40)

Rank in course/Women: 12 (of 15)

Best time in course: 14:50

Rank in category: 1(of 2)

Best time in the category: 20:16