



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Thurm, Ingo

Club: SC-impuls Erfurt
Number: 294

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 37:40

Speed: 15.93 km/h
Running performance: 3:46 min/km

Rank in course/Total: 2 (of 101)

Rank in course/Men: 2 (of 79)

Best time in course: 36:31

Rank in category: 1(of 11)

Best time in the category: 37:40