



37. Alteburglauf  
Arnstadt / 30.04.2015

## Detailed evaluation

### Winter, Torsten

Club: SV Ichttershausen  
Number: 272

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 42:29

Speed: 14.12 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 9 (of 101)

Rank in course/Men: 9 (of 79)

Best time in course: 36:31

Rank in category: 1(of 14)

Best time in the category: 42:29