



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Ohlhorst, Frank

Club: Team Erdinger Alkoholfrei
Number: 244

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 43:46

Speed: 13.71 km/h
Running performance: 4:23 min/km

Rank in course/Total: 15 (of 101)

Rank in course/Men: 14 (of 79)

Best time in course: 36:31

Rank in category: 1(of 18)

Best time in the category: 43:46