



37. Alteburglauf  
Arnstadt / 30.04.2015

Detailed evaluation

Kurtz, Ralf

Club: Erfurt  
Number: 238

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 44:01

Speed: 13.63 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 17 (of 101)

Rank in course/Men: 16 (of 79)

Best time in course: 36:31

Rank in category: 2(of 18)

Best time in the category: 43:46