



37. Alteburglauf  
Arnstadt / 30.04.2015

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt  
Number: 267

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 45:31

Speed: 13.18 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 25 (of 101)

Rank in course/Men: 23 (of 79)

Best time in course: 36:31

Rank in category: 5(of 14)

Best time in the category: 42:29