



37. Alteburglauf Arnstadt / 30.04.2015

Detailed evaluation

Weiß, Steffen

Club: WSV Ilmenau

Number: 194

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:58

Speed: 12.78 km/h

Running performance: 4:42 min/km

Rank in course/Total: 31 (of 101)

Rank in course/Men: 28 (of 79)

Best time in course: 36:31

Rank in category: 7(of 18)

Best time in the category: 43:46