



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Bärwolf, Silvia

Club: Lauffreud Breitungeu
Number: 202

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 47:20

Speed: 12.68 km/h
Running performance: 4:44 min/km

Rank in course/Total: 34 (of 101)

Rank in course/Women: 4 (of 22)

Best time in course: 42:40

Rank in category: 1(of 4)

Best time in the category: 47:20