



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Enders, Martin

Club: Lohmühle 29
Number: 278

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 47:53

Speed: 12.53 km/h
Running performance: 4:47 min/km

Rank in course/Total: 37 (of 101)

Rank in course/Men: 32 (of 79)

Best time in course: 36:31

Rank in category: 6(of 14)

Best time in the category: 42:29