



37. Alteburglauf  
Arnstadt / 30.04.2015

Detailed evaluation

Kahl, Nico

Club: Flinke Gerataler  
Number: 195

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 48:48

Speed: 12.30 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 44 (of 101)

Rank in course/Men: 39 (of 79)

Best time in course: 36:31

Rank in category: 5(of 6)

Best time in the category: 40:52