



37. Alteburglauf  
Arnstadt / 30.04.2015

## Detailed evaluation

Zöppig, Veit

Number: 297

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:39

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 47 (of 101)

Rank in course/Men: 42 (of 79)

Best time in course: 36:31

Rank in category: 6(of 11)

Best time in the category: 37:40