



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Schäge, Rico

Club: Arnstadt
Number: 257

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:43

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 53 (of 101)

Rank in course/Men: 47 (of 79)

Best time in course: 36:31

Rank in category: 9(of 14)

Best time in the category: 42:29