



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Böse, Ralf

Club: Arnstadt
Number: 295

Course: 10.00 km
Hauptlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 52:35

Speed: 11.41 km/h
Running performance: 5:16 min/km

Rank in course/Total: 62 (of 101)

Rank in course/Men: 53 (of 79)

Best time in course: 36:31

Rank in category: 2(of 6)

Best time in the category: 46:58