



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Hille, Helmut

Club: Alteburglaufftreff
Number: 225

Course: 10.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:18

Speed: 11.26 km/h
Running performance: 5:20 min/km

Rank in course/Total: 63 (of 101)

Rank in course/Men: 54 (of 79)

Best time in course: 36:31

Rank in category: 3(of 4)

Best time in the category: 45:52