



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Hahnemann, Norbert

Club: Arnstatdt
Number: 217

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 54:35

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 69 (of 101)

Rank in course/Men: 59 (of 79)

Best time in course: 36:31

Rank in category: 4(of 5)

Best time in the category: 48:42