



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Ritze, Detlef

Club: Laufftreff Alteburg Arnstadt
Number: 256

Course: 10.00 km
Hauptlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 55:50

Speed: 10.75 km/h
Running performance: 5:35 min/km

Rank in course/Total: 77 (of 101)

Rank in course/Men: 65 (of 79)

Best time in course: 36:31

Rank in category: 5(of 6)

Best time in the category: 46:58