



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Dehmel, Gerhard

Club: ThmV Ilmenau
Number: 280

Course: 10.00 km
Hauptlauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 56:17

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 81 (of 101)

Rank in course/Men: 67 (of 79)

Best time in course: 36:31

Rank in category: 1(of 1)

Best time in the category: 56:17