



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Krisch, Michael

Club: ZWEI-TAKT-TEAM Arnstadt
Number: 236

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:22

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 83 (of 101)

Rank in course/Men: 68 (of 79)

Best time in course: 36:31

Rank in category: 6(of 6)

Best time in the category: 40:52