



37. Alteburglauf  
Arnstadt / 30.04.2015

## Detailed evaluation

**Schärf, Rita**

Club: Arnstadt  
Number: 259

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 57:21

Speed: 10.46 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 88 (of 101)

Rank in course/Women: 17 (of 22)

Best time in course: 42:40

Rank in category: 2(of 3)

Best time in the category: 54:56