



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Birkefeld, Armin

Club: SG Crawinkel
Number: 198

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:32

Speed: 10.43 km/h
Running performance: 5:45 min/km

Rank in course/Total: 89 (of 101)

Rank in course/Men: 72 (of 79)

Best time in course: 36:31

Rank in category: 17(of 18)

Best time in the category: 43:46