



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Freitag, Perter-Michael

Club: Freitags Family
Number: 182

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:07

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 90 (of 101)

Rank in course/Men: 73 (of 79)

Best time in course: 36:31

Rank in category: 10(of 11)

Best time in the category: 37:40