



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Lux, Andreas

Number: 189

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:39

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 95 (of 101)

Rank in course/Men: 76 (of 79)

Best time in course: 36:31

Rank in category: 11(of 11)

Best time in the category: 37:40