



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Franke, Heike

Number: 298

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:01:06

Speed: 9.82 km/h

Running performance: 6:07 min/km

Rank in course/Total: 96 (of 101)

Rank in course/Women: 20 (of 22)

Best time in course: 42:40

Rank in category: 3(of 4)

Best time in the category: 52:19