



37. Alteburglauf
Arnstadt / 30.04.2015

Detailed evaluation

Dudek, Harald

Club: LT Hohe Buchen Arnstadt
Number: 208

Course: 10.00 km
Hauptlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:11:07

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 101 (of 101)

Rank in course/Men: 79 (of 79)

Best time in course: 36:31

Rank in category: 6(of 6)

Best time in the category: 46:58