



37. Alteburglauf  
Arnstadt / 30.04.2015

## Detailed evaluation

**Groot, Alexander**

Club: SV Ictershausen  
Number: 142

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
Jedermannklasse männlich

Total time: 5:33

Speed: 10.81 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 129)

Rank in course/Men: 4 (of 66)

Best time in course: 5:18

Rank in category: 1(of 8)

Best time in the category: 5:33