



3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

Detailed evaluation

Sportfreunde Dornheim

Club: Sportfreunde Dornheim

Number: 28

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:10

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course: 11 (of 30)

Best time in course: 25:55

Rank in category: 11(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:03	5:02	19	1:33	19	1:33	1.20	6:03	5:02	19	1:33	19	1:33
Wechsel	1.20	5:23	4:29	3	0:31	3	0:31	2.40	11:26	4:45	9	1:36	9	1:36
Wechsel	1.20	6:57	5:47	17	1:28	17	1:28	3.60	18:23	5:06	12	2:24	12	2:24
Wechsel	1.20	6:14	5:11	16	1:13	16	1:13	4.80	24:37	5:07	12	3:24	12	3:24
Finish	1.20	5:33	4:37	10	0:59	10	0:59	6.00	30:10	5:01	11	4:15	11	4:15