



3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

Detailed evaluation

Arnstadt läuft

Club: Arnstadt läuft

Number: 6

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:47

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course: 18 (of 30)

Best time in course: 25:55

Rank in category: 18(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:05	4:14	7	0:35	7	0:35	1.20	5:05	4:14	7	0:35	7	0:35
Wechsel	1.20	7:18	6:04	20	2:26	20	2:26	2.40	12:23	5:09	17	2:33	17	2:33
Wechsel	1.20	9:35	7:59	29	4:06	29	4:06	3.60	21:58	6:06	22	5:59	22	5:59
Wechsel	1.20	5:01	4:10	1	-	1	-	4.80	26:59	5:37	19	5:46	19	5:46
Finish	1.20	5:48	4:49	16	1:14	16	1:14	6.00	32:47	5:27	18	6:52	18	6:52