



3. Arnstädter Alteburgstaffel  
 Arnstadt / 27.05.2015

Detailed evaluation

Alteburglauftreffladys

Club: Alteburglauftreffladys  
 Number: 4

Course: 6.00 km  
 Staffel 5 x 1,2 km

Category:  
 Staffel

Total time: 32:53

Speed: 10.95 km/h  
 Running performance: 5:29 min/km

Rank in course: 19 (of 30)

Best time in course: 25:55

Rank in category: 19(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Wechsel	1.20	6:09	5:07	20	1:39	20	1:39	1.20	6:09	5:07	20	1:39	20	1:39
Wechsel	1.20	7:10	5:58	18	2:18	18	2:18	2.40	13:19	5:32	19	3:29	19	3:29
Wechsel	1.20	6:56	5:46	16	1:27	16	1:27	3.60	20:15	5:37	17	4:16	17	4:16
Wechsel	1.20	6:30	5:25	20	1:29	20	1:29	4.80	26:45	5:34	18	5:32	18	5:32
Finish	1.20	6:08	5:06	22	1:34	22	1:34	6.00	32:53	5:28	19	6:58	19	6:58