



3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

Detailed evaluation

Intensivstation Ilmenau

Club: Intensivstation Ilmenau

Number: 17

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 34:58

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course: 22 (of 30)

Best time in course: 25:55

Rank in category: 22(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:56	5:46	23	2:26	23	2:26	1.20	6:56	5:46	23	2:26	23	2:26
Wechsel	1.20	6:27	5:22	15	1:35	15	1:35	2.40	13:23	5:34	20	3:33	20	3:33
Wechsel	1.20	7:59	6:39	23	2:30	23	2:30	3.60	21:22	5:56	20	5:23	20	5:23
Wechsel	1.20	7:28	6:13	24	2:27	24	2:27	4.80	28:50	6:00	22	7:37	22	7:37
Finish	1.20	6:08	5:06	22	1:34	22	1:34	6.00	34:58	5:49	22	9:03	22	9:03