



3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

Detailed evaluation

Laufteam Indoorbau Röhricht

Club: Laufteam Indoorbau Röhricht

Number: 18

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 27:26

Speed: 13.12 km/h

Running performance: 4:34 min/km

Rank in course: 4 (of 30)

Best time in course: 25:55

Rank in category: 4(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	4:51	4:02	2	0:21	2	0:21	1.20	4:51	4:02	2	0:21	2	0:21	
Wechsel	1.20	5:11	4:19	2	0:19	2	0:19	2.40	10:02	4:10	3	0:12	3	0:12	
Wechsel	1.20	6:18	5:15	11	0:49	11	0:49	3.60	16:20	4:32	3	0:21	3	0:21	
Wechsel	1.20	5:39	4:42	8	0:38	8	0:38	4.80	21:59	4:34	4	0:46	4	0:46	
Finish	1.20	5:27	4:32	8	0:53	8	0:53	6.00	27:26	4:34	4	1:31	4	1:31	