



3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

Detailed evaluation

Gym.Arnstadt Lehrer

Club: Gym.Arnstadt Lehrer
Number: 11

Course: 6.00 km
Staffel 5 x 1,2 km

Category:
Staffel

Total time: 27:41

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course: 5 (of 30)

Best time in course: 25:55

Rank in category: 5(of 30)

Best time in the category: 25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	4:58	4:08	6	0:28	6	0:28	1.20	4:58	4:08	6	0:28	6	0:28
Wechsel	1.20	4:52	4:03	1	-	1	-	2.40	9:50	4:05	1	-	1	-
Wechsel	1.20	6:53	5:44	15	1:24	15	1:24	3.60	16:43	4:38	7	0:44	7	0:44
Wechsel	1.20	5:50	4:51	10	0:49	10	0:49	4.80	22:33	4:41	5	1:20	5	1:20
Finish	1.20	5:08	4:16	4	0:34	4	0:34	6.00	27:41	4:36	5	1:46	5	1:46