



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Hill, Tom Lorenz

Club: Staatl. Gymnasium Arnstadt
Number: 90

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M12 (12 Jahre)

Total time: 13:28

Speed: 13.37 km/h
Running performance: 4:29 min/km

Rank in course/Total: 8 (of 62)

Rank in course/Men: 7 (of 37)

Best time in course: 10:25

Rank in category: 2(of 5)

Best time in the category: 12:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	7:40	4:27	2	0:35	10	2:01	1.72	7:40	4:27	2	0:35	10	2:01
Last lap Finish	1.28	5:48	4:31	2	0:15	6	1:02	3.00	13:28	4:29	2	0:50	7	3:03