



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Pidde, Waldemar

Club: Waltershausen

Number: 69

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

Senioren M80 (80-84 Jahre)

Total time: 22:17

Speed: 8.08 km/h

Running performance: 7:26 min/km

Rank in course/Total: 57 (of 62)

Rank in course/Men: 35 (of 37)

Best time in course: 10:25

Rank in category: 1(of 1)

Best time in the category: 22:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	10:23	6:02	1	-	32	4:44	1.72	10:23	6:02	1	-	32	4:44
Last lap Finish	1.28	11:54	9:17	1	-	37	7:08	3.00	22:17	7:25	1	-	35	11:52