



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Lecht, Florian**

Club: USV Jena

Number: 348

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 37:37

Speed: 15.95 km/h

Running performance: 3:46 min/km

Rank in course/Total: 5 (of 127)

Rank in course/Men: 5 (of 105)

Best time in course: 34:06

Rank in category: 3(of 12)

Best time in the category: 34:06

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	5:39	3:22	3	0:15	5	0:15	1.67	5:39	3:22	3	0:15	5	0:15
Lap 2	2.35	8:51	3:45	3	0:49	7	0:49	4.02	14:30	3:36	3	1:04	5	1:04
Lap 3	2.35	9:07	3:52	3	1:03	7	1:32	6.37	23:37	3:42	3	2:07	6	2:07
Lap 4	2.35	9:05	3:51	3	0:58	5	0:58	8.72	32:42	3:45	3	3:05	5	3:05
Last lap Finish	1.28	4:55	3:50	3	0:26	8	0:34	10.00	37:37	3:45	3	3:31	5	3:31