



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Reuter, Steve

Club: SG Catharinau

Number: 364

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:25

Speed: 15.22 km/h

Running performance: 3:56 min/km

Rank in course/Total: 11 (of 127)

Rank in course/Men: 11 (of 105)

Best time in course: 34:06

Rank in category: 1(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	5:45	3:26	1	-	7	0:21	1.67	5:45	3:26	1	-	7	0:21
Lap 2	2.35	9:06	3:52	1	-	11	1:04	4.02	14:51	3:41	1	-	8	1:25
Lap 3	2.35	9:30	4:02	1	-	16	1:55	6.37	24:21	3:49	1	-	11	2:51
Lap 4	2.35	9:41	4:07	1	-	15	1:34	8.72	34:02	3:54	1	-	10	4:25
Last lap Finish	1.28	5:23	4:12	2	0:06	19	1:02	10.00	39:25	3:56	1	-	11	5:19