



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Wulf, Jan-Paul**

Club: LSV Lok Arnstadt  
Number: 41

Course: 3.00 km  
McDonald`s 3-km-Lauf

Category:  
männliche Jugend M15 (15 Jahre)

Total time: 13:51

Speed: 13.00 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 10 (of 62)

Rank in course/Men: 8 (of 37)

Best time in course: 10:25

Rank in category: 2(of 2)

Best time in the category: 11:02

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:07	4:08	2	1:01	5	1:28	1.72	7:07	4:08	2	1:01	5	1:28
Last lap Finish	1.28	6:44	5:15	2	1:48	19	1:58	3.00	13:51	4:36	2	2:49	8	3:26