



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Wulf, Jan-Paul**

Club: LSV Lok Arnstadt  
Number: 41

Course: 3.00 km  
McDonald`s 3-km-Lauf

Category:  
männliche Jugend M15 (15 Jahre)

Total time: 13:51

Speed: 13.00 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 10 (of 62)

Rank in course/Men: 8 (of 37)

Best time in course: 10:25

Rank in category: 2(of 2)

Best time in the category: 11:02

### Intermediate times

### Stage score

### Total ranking

| Control         | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total | Total  | Pos  | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
|                 | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time  | min/km | Cat. | Cat.   | Men | Men    |
| Lap 1           | 1.72  | 7:07  | 4:08   | 2    | 1:01   | 5   | 1:28   | 1.72  | 7:07  | 4:08   | 2    | 1:01   | 5   | 1:28   |
| Last lap Finish | 1.28  | 6:44  | 5:15   | 2    | 1:48   | 19  | 1:58   | 3.00  | 13:51 | 4:36   | 2    | 2:49   | 8   | 3:26   |