



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Wütherich, Tobias

Club: Erfurt
Number: 429

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 42:15

Speed: 14.20 km/h
Running performance: 4:13 min/km

Rank in course/Total: 27 (of 127)

Rank in course/Men: 27 (of 105)

Best time in course: 34:06

Rank in category: 3(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	6:52	4:06	3	1:07	42	1:28	1.67	6:52	4:06	3	1:07	42	1:28
Lap 2	2.35	10:02	4:16	3	0:56	29	2:00	4.02	16:54	4:12	3	2:03	35	3:28
Lap 3	2.35	10:04	4:17	3	0:34	28	2:29	6.37	26:58	4:14	3	2:37	31	5:28
Lap 4	2.35	10:00	4:15	2	0:19	23	1:53	8.72	36:58	4:14	3	2:56	27	7:21
Last lap Finish	1.28	5:17	4:07	1	-	15	0:56	10.00	42:15	4:13	3	2:50	27	8:09