



25. Arnstädter Citylauf
Arnstadt / 25.04.2015

Detailed evaluation

Klein, Werner

Club: Lohmühle 29
Number: 396

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 46:53

Speed: 12.80 km/h
Running performance: 4:41 min/km

Rank in course/Total: 57 (of 127)

Rank in course/Men: 54 (of 105)

Best time in course: 34:06

Rank in category: 2(of 3)

Best time in the category: 44:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	7:05	4:14	2	0:33	53	1:41	1.67	7:05	4:14	2	0:33	53	1:41
Lap 2	2.35	10:58	4:40	2	0:47	58	2:56	4.02	18:03	4:29	2	1:20	54	4:37
Lap 3	2.35	11:15	4:47	2	0:40	55	3:40	6.37	29:18	4:35	2	2:00	52	7:48
Lap 4	2.35	11:17	4:48	2	0:28	52	3:10	8.72	40:35	4:39	2	2:28	52	10:58
Last lap Finish	1.28	6:18	4:55	2	0:11	60	1:57	10.00	46:53	4:41	2	2:39	54	12:47