



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Brodkorb, Thomas

Club: TSV 09 Arnstadt e. V.

Number: 436

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 47:33

Speed: 12.62 km/h

Running performance: 4:46 min/km

Rank in course/Total: 60 (of 127)

Rank in course/Men: 57 (of 105)

Best time in course: 34:06

Rank in category: 8(of 12)

Best time in the category: 34:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|-----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | | | Total min/km | Pos Men | Behind Men |
| Lap 1 | 1.67 | 7:28 | 4:28 | 10 | 2:04 | 65 | 2:04 | 1.67 | 7:28 | 4:28 | 10 | 2:04 | 65 | 2:04 |
| Lap 2 | 2.35 | 11:03 | 4:42 | 9 | 3:01 | 60 | 3:01 | 4.02 | 18:31 | 4:36 | 10 | 5:05 | 62 | 5:05 |
| Lap 3 | 2.35 | 11:11 | 4:45 | 7 | 3:07 | 52 | 3:36 | 6.37 | 29:42 | 4:39 | 8 | 8:12 | 59 | 8:12 |
| Lap 4 | 2.35 | 11:37 | 4:56 | 8 | 3:30 | 62 | 3:30 | 8.72 | 41:19 | 4:44 | 8 | 11:42 | 58 | 11:42 |
| Last lap Finish | 1.28 | 6:14 | 4:52 | 8 | 1:45 | 57 | 1:53 | 10.00 | 47:33 | 4:45 | 8 | 13:27 | 57 | 13:27 |