



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Vogler, Joshua

Club: LSV Ilmenau

Number: 78

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder M10 (10 Jahre)

Total time: 14:21

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course/Total: 18 (of 62)

Rank in course/Men: 15 (of 37)

Best time in course: 10:25

Rank in category: 3(of 4)

Best time in the category: 13:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:57	4:37	4	0:38	16	2:18	1.72	7:57	4:37	4	0:38	16	2:18
Last lap Finish	1.28	6:24	5:00	3	0:29	14	1:38	3.00	14:21	4:46	3	1:07	15	3:56