



25. Arnstädter Citylauf  
Arnstadt / 25.04.2015

Detailed evaluation

Barthel, Sven

Club: Erfurt  
Number: 302

Course: 10.00 km  
Schwenninger 10-km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:57

Speed: 12.01 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 83 (of 127)

Rank in course/Men: 77 (of 105)

Best time in course: 34:06

Rank in category: 10(of 13)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	8:05	4:50	12	2:18	85	2:41	1.67	8:05	4:50	12	2:18	85	2:41
Lap 2	2.35	11:40	4:57	10	2:46	79	3:38	4.02	19:45	4:54	12	5:04	85	6:19
Lap 3	2.35	11:49	5:01	10	2:24	70	4:14	6.37	31:34	4:57	11	7:28	81	10:04
Lap 4	2.35	11:43	4:59	10	2:19	65	3:36	8.72	43:17	4:57	10	9:47	75	13:40
Last lap Finish	1.28	6:40	5:12	10	2:19	78	2:19	10.00	49:57	4:59	10	12:06	77	15:51