



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Täschner, Marcel**

Club: Erfurt  
Number: 383

Course: 10.00 km  
Schwenninger 10-km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 51:16

Speed: 11.70 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 93 (of 127)

Rank in course/Men: 84 (of 105)

Best time in course: 34:06

Rank in category: 16(of 22)

Best time in the category: 35:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	1.67	8:05	4:50	16	2:36	85	2:41	1.67	8:05	4:50	16	2:36	85	2:41
Lap 2	2.35	11:29	4:53	15	3:06	70	3:27	4.02	19:34	4:52	16	5:42	84	6:08
Lap 3	2.35	11:58	5:05	15	3:18	77	4:23	6.37	31:32	4:57	15	9:00	80	10:02
Lap 4	2.35	12:43	5:24	20	4:05	92	4:36	8.72	44:15	5:04	16	13:05	85	14:38
Last lap Finish	1.28	7:01	5:28	18	2:12	89	2:40	10.00	51:16	5:07	16	15:17	84	17:10