



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Schulz, Hartmut

Club: DreamTeam Ilmenau

Number: 374

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 51:45

Speed: 11.59 km/h

Running performance: 5:11 min/km

Rank in course/Total: 98 (of 127)

Rank in course/Men: 88 (of 105)

Best time in course: 34:06

Rank in category: 3(of 5)

Best time in the category: 49:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	8:16	4:57	2	0:51	91	2:52	1.67	8:16	4:57	2	0:51	91	2:52
Lap 2	2.35	12:04	5:08	3	0:35	91	4:02	4.02	20:20	5:03	2	1:26	91	6:54
Lap 3	2.35	12:13	5:11	3	0:27	84	4:38	6.37	32:33	5:06	3	1:53	91	11:03
Lap 4	2.35	12:18	5:14	3	0:41	79	4:11	8.72	44:51	5:08	3	2:24	91	15:14
Last lap Finish	1.28	6:54	5:23	3	0:29	84	2:33	10.00	51:45	5:10	3	2:36	88	17:39