



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Schmidt, Andreas

Club: Arnstadt
Number: 371

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 51:32

Speed: 11.64 km/h
Running performance: 5:09 min/km

Rank in course/Total: 97 (of 127)

Rank in course/Men: 87 (of 105)

Best time in course: 34:06

Rank in category: 13(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	7:25	4:26	8	1:40	62	2:01	1.67	7:25	4:26	8	1:40	62	2:01
Lap 2	2.35	11:52	5:02	13	2:46	88	3:50	4.02	19:17	4:47	12	4:26	79	5:51
Lap 3	2.35	12:21	5:15	13	2:51	89	4:46	6.37	31:38	4:57	13	7:17	83	10:08
Lap 4	2.35	12:43	5:24	13	3:02	92	4:36	8.72	44:21	5:05	13	10:19	86	14:44
Last lap Finish	1.28	7:11	5:36	14	1:54	94	2:50	10.00	51:32	5:09	13	12:07	87	17:26