



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Barabasch, Kristin**

Club: Arnstadt  
Number: 301

Course: 10.00 km  
Schwenninger 10-km-Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 51:47

Speed: 11.59 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 99 (of 127)  
Rank in course/Women: 11 (of 22)  
Best time in course: 43:14

Rank in category: 2(of 3)  
Best time in the category: 44:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	7:38	4:34	2	0:41	7	1:07	1.67	7:38	4:34	2	0:41	7	1:07
Lap 2	2.35	12:08	5:09	2	1:49	11	2:01	4.02	19:46	4:55	2	2:30	10	2:44
Lap 3	2.35	12:32	5:19	2	2:07	11	2:12	6.37	32:18	5:04	2	4:37	10	4:56
Lap 4	2.35	12:36	5:21	2	2:03	11	2:22	8.72	44:54	5:08	2	6:40	11	7:18
Last lap Finish	1.28	6:53	5:22	2	0:59	10	1:15	10.00	51:47	5:10	2	7:39	11	8:33